

Base Menu Spreadsheet

Portion Values

Aug 23, 2021 thru Sep 3, 2021

Menu Name: Elementary Breakfast

Include Cost: No

Site:

Report Style: Detailed

Monday - 08/23/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990083 Biscuit Saus Egg Cheese Sandwich	Sandwich	1	*N/A*	*N/A*
000953 Apple Sliced Bag	PKG	1	30	7.00
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			208	39.00
% of Calories				75.0%
Weekly Nutrient Guideline			350 - 500	

Tuesday - 08/24/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000891 Pancake Stick	STICK	1	200	17.00
990077 Clementine	each	1	45	11.28
000983 Juice Cup	CUP	1	60	15.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			423	60.28
% of Calories				57.0%
Weekly Nutrient Guideline			350 - 500	

Wednesday - 08/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	112	22.75
000585 Bug Bite Graham Crackers	PKG	1	140	23.00
000417 Applesauce Cup	CUP	1	51	13.99
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			481	91.74
% of Calories				76.3%
Weekly Nutrient Guideline			350 - 500	

Thursday - 08/26/2021

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000527 Tornado French Toast	EACH	1	190	22.00
990085 Apple Crisp Cracker	PKG	1	40	10.00
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			408	64.00
% of Calories				62.7%
Weekly Nutrient Guideline			350 - 500	

Friday - 08/27/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	112	22.75
000639 Cracker Scooby Graham	PKG	1	120	21.00
001007 Raisins	PKG	1	113	30.00
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			523	105.75
% of Calories				80.9%
Weekly Nutrient Guideline			350 - 500	

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Aug 23, 2021 thru Sep 3, 2021

Monday - 08/30/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001134 Bosco Egg Breadstick	STICK	1	150	18.00
990091 Fruit Cup	1/2 CUP	1	*N/A*	*N/A*
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			*328	*50.00
% of Calories				*61.0%
Weekly Nutrient Guideline			350 - 500	

Tuesday - 08/31/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	26.27
000417 Applesauce Cup	CUP	1	51	13.99
000983 Juice Cup	CUP	1	60	15.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			649	72.26
% of Calories				44.5%
Weekly Nutrient Guideline			350 - 500	

Wednesday - 09/01/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	112	22.75
000551 Goldfish	PKG	1	100	14.00
000068 Banana	BANANA	1	105	26.95
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			495	95.70
% of Calories				77.3%
Weekly Nutrient Guideline			350 - 500	

Thursday - 09/02/2021

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000796 French Toast Mini	PKG	1	220	37.00
000953 Apple Sliced Bag	PKG	1	30	7.00
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			428	76.00
% of Calories				71.0%
Weekly Nutrient Guideline			350 - 500	

Friday - 09/03/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	112	22.75
000534 Elf Graham Cinn	PKG	1	120	21.00
000417 Applesauce Cup	CUP	1	51	13.99
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			461	89.74
% of Calories				77.9%
Weekly Nutrient Guideline			350 - 500	

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			Cals ¹ (kcal)	Carb (g)
Weighted Averages			*440	*74.45
% of Calories				*67.7%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.